

Analyze This!

An AR Reading Ladder of non-fiction about problems you might face by C. Mitchell

Out of the Dark: Coping with Emotional Challenges	155.5 TOU	5.2	2
Reflections of Me: Girls and Body Image	306.4 HIR	5.7	1
Negative Body Image	306.4 WIL	7.8	1
Mirror Image: How Guys See Themselves Woog,	306.4 WOO	5.5	1
Suicide	362.2 EAG	6.7	1
More Than the Blues: Understanding Depression	362.2 MOO	6.3	1
Almost Lost...Anonymous Teenager	362.74 SPA	5.9	10
Teen Runaways (Teen Issues)	362.74 VEL	9.7	3
Secret Scars: What You Need to Know About Cutting	391.6 ONE	5.7	1
Shattered Bones: True Survival Stories	612.7 MAR	5.5	1
Bad Burns: True Survival Stories	612.7 MAR	6.4	1
Cocaine and Your Nose	613.8 APE	7.9	1
Heroin and Your Veins: The Incredibly Disgusting Story	613.8 COB	8.3	1
Speed and Your Brain: The Incredibly Disgusting Story	613.8 COB	8.9	1
Crack and Your Circulatory System: The Incredibly Disgusting Story	613.8 MAN	7.9	1
Ecstasy and Your Heart: The Incredibly Disgusting Story	613.8 WER	8.4	1
Alcohol and Your Liver: The Incredibly Disgusting...	613.81 MIL	6.8	1
Drowning in a Bottle: Teens and Alcohol Abuse	613.81 STE	5.9	1
Tobacco and Your Mouth	613.85 WIN	7	1
Med Head: ...Battle with My Brain	616.8 PAT	6.1	9
Inside Out: Portrait of an Eating Disorder	616.85 SHI	4.2	1
Anorexia	616.85 WAT	7.2	2
Binge Eating	616.85 WAT	7.6	1

Every book on this reading ladder is in the South Jordan Middle School Library. Please remember that every book is not for every reader. Just because a book is in the library or on this list does not mean it is appropriate for you. Choose your books with care.

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